






One Piece of Equipment for All Fitness Needs

- 4 in one piece of fitness equipment; kettlebell, dumbbell, double grip med ball, push up stand all in one
- Designed by experts in fitness and industrial design
- Non slip, non rust neoprene
- Ideal for training anywhere
- Proven efficient workouts
- New unique YBell exercises

SIZE		MILLIMETRES			INCHES			WEIGHT	
		X	Y	Z	X	Y	Z	Pounds	Kilograms
Extra Small		168	150	173	6.6	5.9	6.8	9.5	4.3
Small		153	172	182	6.0	6.8	7.2	14.3	6.5
Medium		167	187	196	6.6	7.4	7.7	17.6	8
Large		178	200	206	7.0	7.9	8.1	22	10
Extra Large		192	217	210	7.5	8.5	8.3	26.4	12